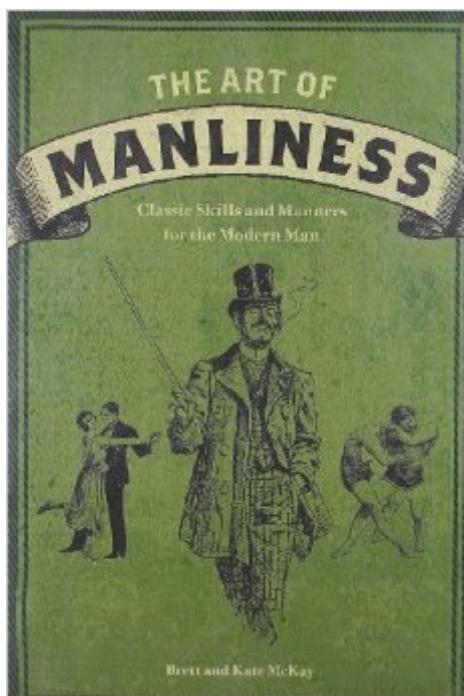


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The Art Of Manliness: Classic Skills And Manners For The Modern Man



Synopsis

Man Up! While it's definitely more than just monster trucks, grilling and six-pack abs, true manliness is hard to define. The words macho and manly are not synonymous. Taking lessons from classic gentlemen such as Benjamin Franklin and Theodore Roosevelt, authors Brett and Kate McKay have created a collection of the most useful advice every man needs to know to live life to its full potential. This book contains a wealth of information that ranges from survival skills to social skills to advice on how to improve your character. Whether you are braving the wilds with your friends, courting your girlfriend or raising a family, inside you'll find practical information and inspiration for every area of life. You'll learn the basics all modern men should know, including how to:

- Shave like your grandpa
- Be a perfect houseguest
- Fight like a gentleman using the art of bartitsu
- Help a friend with a problem
- Give a man hug
- Perform a fireman's carry
- Ask for a woman's hand in marriage
- Raise resilient kids
- Predict the weather like a frontiersman
- Start a fire without matches
- Give a dynamic speech
- Live a well-balanced life
- So jump in today and gain the skills and knowledge you need to be a real man in the 21st century.

Book Information

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Customer Reviews

Men don't have many places to turn for solid lifestyle advice. Most men's periodicals and websites offer trendy fitness fads, designer suits or softcore bikini photos with all the lifestyle help of a beer commercial. And then there's The Art of Manliness. As time goes by I've gained great respect for Brett and Kate McKay and the classic-yet-fresh take on masculinity on their Art of Manliness

website. True to form, their first book isn't an e-book sold on Clickbank, it's a paper-and-ink tome fittingly titled *The Art of Manliness: Classic Skills and Manners for the Modern Man*. This book delivers on its promise in spades. If you get past the swaggering Victorian dandy on the cover you'll find practical advice that applies here and now, for almost every aspect of a man's life. Its eight chapters reflect all sides of the total man. "The Gentleman," for example, includes tips and advice on becoming well-groomed and well-mannered, from how to fold a pocket square and iron pants to the "lost art" of wet shaving with a safety razor. If you want to know the difference between the American Man Hug and the International Man Hug, how to land a plane in an emergency or how to braid your daughter's hair, it's in there. As a bonus, I found *Art of Manliness* to be a quick, engaging read. Where the AoM site frequently discusses its topics at length, the book is concise and well-structured, quickly laying out the steps to a tip or the case for a concept and then moving on. Tying these tips and trivia together is the notion that what makes a man a man has never changed -- it just gets lost in the noise.

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